

September 16–September 22, 2019

	BREAKFAST	LUNCH	DINNER/SUPPER
Monday 9/16/19	Choice of Juice Hot/Cold Cereal OR Scrambled Eggs Hash Brown Patty Orange Muffin	Citrus Roasted Pork Fluffy Rice Oriental Vegetables <i>Hot Cinnamon Apples</i> Alt: Soup of the Day Tuna Salad Sandwich	Soup of the Day Sandwich of the Day Vanilla Ice Cream Alt: Cheddar Cheese Omelet & Toast
Tuesday 9/17/19	Choice of Juice Hot/Cold Cereal OR Biscuit & Sausage Gravy	Beef Tips in Gravy Parasailed Noodles Herbed Green Peas <i>Spiced Peaches</i> Alt: Turkey/Ranch Pasta Salad Wheat Dinner Roll	Chefs Choice
Wednesday 9/18/19	Choice of Juice Hot/Cold Cereal OR Country Breakfast Eggs Choice of Toast	Turkey Pot Pie Herbed Sliced Carrots <i>Frosted Yellow Cake</i> Alt: Chef Salad Baked Breadstick	Cream of Tomato Soup Grilled Cheese Sandwich Creamy Cucumbers <i>Chilled Pineapple Tidbits</i> Alt: Creamed Chipped Beef, Green Peas
Thursday 9/19/19	Choice of Juice Hot/Cold Cereal OR Buttermilk Pancakes Sausage Links	Roast Beef Boiled Potatoes/Gravy Herbed Green Bean <i>Fresh Baked Cookie</i> Alt: Chicken Salad Sandwich, Orange Wedge	BBQ Pork Sandwich Creamy Coleslaw <i>Chilled Pears</i> Alt: Meatballs w/ Gravy Mashed Potatoes Herbed Broccoli
Friday 9/20/19	Choice of Juice Hot/Cold Cereal OR Scrambled Eggs Choice of Toast	Baked Penne w/ Sausage Broccoli Cuts <i>Fruit of the Day</i> Alt: Baked Fish w/ Dill Sauce Potatoes, Stewed Tomatoes	Lemon Garlic Chicken Rice Pilaf Peas & Carrots <i>Lemon Bar</i> Alt: Ham Pasta Salad
Saturday 9/21/19	Choice of Juice Hot/Cold Cereal OR Egg of Choice Petite Banana	Classic Meatloaf Baked Potato Herbed Diced Beets <i>Frosted Chocolate Cake</i> Alt: Turkey Broccoli Rice Casserole, Spring Cabbage	Vegetable Chowder Egg Salad Sandwich <i>Banana Pudding</i> Alt: Beef Tomato Casserole Asparagus
Sunday 9/22/19	Choice of Juice Hot/Cold Cereal OR Scrambled Eggs & Cheese Coffeecake	Beef Pot Roast Fluffy Rice Herbed 4 Way Vegetables <i>Frosted Vanilla Cupcake</i> Alt: Soup of The Day Sandwich of The Day	Chicken Mandarin Orange Salad Baked Breadstick <i>Fresh Cantaloupe</i> Alt: Smothered Pork Chop Potatoes, Green Beans