


# January 2025 - Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AA All Around AR Activity Room CH Chapel DR Dining Room L Lobby	<b>Happy Birthday to</b> 1/14 Ardath J 1/19 Janet A 1/25 Barbara W 1/26 Suzette H	<b>New Year's Day 1</b> 10:00 Rose Parade [L] 10:00 Worship w/Kathleen [CH] 3:15 Spiritual/Prayer Group w/ Kathleen [AR]	10:15 Exercise [AR] <b>2</b> 2:00 Lifelong Learning Program: National Memorials of Washington D.C. [CH] 5:30 Resident Led Chat [L]	<b>Cardio Equipment Available, Wellness Room, Everyday! 3</b> 10:15 Kickball [AR] 2:00 Welcome/Birthday Party [DR]	10:00 Resident Led Walk for Health [AA] <b>4</b> 1:30 Resident Led Chat [L] 3:30 Chair Exercises - Ch 95 5:30 Movie [L]
	10:00 Linwood Covenant Church [CH] <b>5</b> 1:00 Ice Cream Delivery [AA] 1:30 Resident Led Cribbage Club [DR] 3:30 Chair Exercises - Ch 95 7:20 Vikings vs Lions [L]	10:15 Exercise [AR] <b>6</b> 1:00 WALMART (24 hour in advance sign up required) 3:15 Hymn Sing w/Kathleen [AR]	10:00 St Peter's Communion & Rosary [CH] <b>7</b> 10:15 Coffee Talk [L] 11:30 Spark Performance Feast [CH] 2:30 Volunteering-See Melissa 3:30 Walk & Talk [L] 5:30 Games w/Tammy [AR]	10:00 Worship w/Forest Hills Methodist [CH] <b>8</b> 10:15 Exercise [AR] 2:00 Spark TRYathlon Team Meeting [CH] 3:15 Spiritual/Prayer Group w/ Kathleen [AR]	10:15 Exercise [AR] <b>9</b> 1:30 Bingo [DR] 3:30 Word Game [AR] 5:30 Resident Led Chat [L]	10:15 Kickball [AR] <b>10</b> 1:00 Spark Really Big Awards Show [CH] 2:00 Music w/Michael Riddle [DR] 3:30 Farkel [AR]
10:00 Worship w/Chisago Lakes Baptist [CH] <b>12</b> 1:00 Ice Cream Delivery [AA] 1:30 Resident Led Cribbage Club [DR] 1:30 Bingo [DR] 3:30 Chair Exercises - Ch 95	10:15 Exercise [AR] <b>13</b> 1:30 Snowman Craft [AR] 3:15 Hymn Sing w/Kathleen [AR]	10:00 St Peter's Mass [CH] <b>14</b> 10:15 Coffee Talk [L] 1:00 Spark TRYathlon-Walking [CH] 2:30 Volunteering-See Melissa 3:30 Walk & Talk [L]	10:00 Worship w/Faith Lutheran [CH] <b>15</b> 10:15 Exercise [AR] 1:30 Bingo [DR] 3:15 Spiritual/Prayer Group w/ Kathleen [AR]	10:15 Exercise [AR] <b>16</b> 1:00 Spark TRYathlon-Leg/Arm Crank [CH] 3:00 Word Game [AR] 5:30 Resident Led Chat [L]	10:15 Kickball [AR] <b>17</b> 1:00 Spark Really Big Show [CH] 2:00 Happy Hour [DR]	10:00 Resident Led Walk for Health [AA] <b>18</b> 1:30 Resident Led Chat [L] 1:30 Linwood Ladies Social [DR] 3:30 Chair Exercises - Ch 95 5:30 Movie [L]
1:00 Ice Cream Delivery [AA] <b>19</b> 1:30 Resident Led Cribbage Club [DR] 3:30 Chair Exercises - Ch 95	<b>Martin Luther King Jr. Day 20</b> 10:15 Pet Visits [AA] 10:30 Men's Club [AR] 1:30 Word Game [AR]	10:00 St Peter's Communion & Rosary [CH] <b>21</b> 10:15 Coffee Talk [L] 1:00 Spark TRYathlon-Walking [CH] 2:30 Volunteering-See Melissa 3:30 Walk & Talk [L] 5:30 Games w/Tammy [AR]	10:00 Worship w/ Kathleen <b>22</b> 10:15 Exercise [AR] 1:30 Bingo [DR] 3:15 Spiritual/Prayer Group w/ Kathleen [AR]	10:15 Exercise [AR] <b>23</b> 1:00 Spark TRYathlon-Leg/Arm Crank [CH] 3:00 Story/Performance Cubes [AR] 5:30 Resident Led Chat [L]	10:15 Kickball [AR] <b>24</b> 1:00 Spark Really Big Show [CH] 3:30 Card & Board Games [AR]	10:00 Resident Led Walk for Health [AA] <b>25</b> 1:30 Resident Led Chat [L] 3:30 Chair Exercises - Ch 95 5:30 Movie [L]
10:00 Annual Memorial Service [CH] <b>26</b> 1:00 Ice Cream Delivery [AA] 1:30 Resident Led Cribbage Club [DR] 3:30 Chair Exercises - Ch 95	10:15 Resident Led Group Exercise [AR] <b>27</b> 10:30 OUT TO LUNCH (24 hour in advance sign up required) 1:30 Word Game [AR] 3:15 Hymn Sing w/Kathleen [AR]	10:00 St Peter's Communion & Rosary [CH] <b>28</b> 10:15 Coffee Talk [L] 1:00 Spark TRYathlon-Walking [CH] 2:30 Volunteering-See Melissa 3:30 Walk & Talk [L]	10:15 Exercise [AR] <b>29</b> 1:30 Bingo [DR] 3:15 Spiritual/Prayer Group w/ Kathleen [AR]	10:15 Exercise [AR] <b>30</b> 1:00 Spark TRYathlon-Leg/Arm Crank [CH] 3:00 Name That Tune & Instrument [AR] 5:30 Resident Led Chat [L]	10:15 Kickball [AR] <b>31</b> 1:00 Spark Really Big Show [CH] 2:00 Music w/Michael Larson [DR] 3:30 Blackjack [AR]	