

Community Contacts

Birchwood Health Care Center
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Birchwood Senior Living

December 2019

www.birchwoodseniorliving.com

651-464-5600



Notes from Noel

Happy December!

As you may have heard, Birchwood has elected to put cameras into place throughout its campus. The cameras will be placed throughout our hallways, exterior doorways, common areas and parking lots. Many of you have received a letter on this addition. This decision as well as the recent addition of the sign in book are our ongoing efforts to keep you and your loved ones safe and secure and provide them with quality care. The completion of these cameras will take most of the month of December. We hope to have them up and running by the first of the year.

The snow is upon us! As I mentioned in my last note, please be mindful of slippery spots and areas needing to be shoveled and alert staff immediately. We contract with a snow removal company who does an excellent job in their service, however, there will be times during the snowfall that attention will be needed by Birchwood staff. We welcome you to alert us of that opportunity for us to address as we want to ensure everyone's safety when entering or exiting the building.

You also should have received your invitation to our holiday party coming up on December 19th from 4:30-7. As stated in the invitation we have a limited number of spaces, so we have to limit the attendees to 3 per resident. Please RSVP as soon as possible so we can get a good count on the number of attendees we will have at this special event. The party will also consist of live entertainment to enjoy by everyone. We are looking forward to a great turnout and lots of fun.

Noel Lovas
Campus Administrator



Chaplin's Chat



"I pray that the God who gives hope will fill you with much joy and peace while you trust in Him"

Romans 15:13

This is a season of Joy! With December and the Holidays of Hanukkah, Christmas, Kwanzaa, and the New Year, we look ahead to the future. And as we grow a little older each day, in our hearts we still hold onto the Hope of better things.

Remembering that God loves us and that no matter what,...that love does not waiver. As we watch the season change to the beauty of Winter, we can remember that God keeps all of us in His care.

Have a blessed December!

Pastor "B"

Campus Highlights!



Birchwood Healthcare Center

December 3rd- Holiday Decorating

December 4th- Holiday Cookie Decorating

December 6th- Happy Hour

December 9th- Resident Council

December 11th- ESR Holiday Carolers

December 12th- Make a Gingerbread House

December 18th- Service of Remembrance

December 19th- Birchwood Holiday Party

December 24th- Holiday Reminiscing

December 31st-Goodbye 2019 Party

Birchwood Arbors

December 2nd- Women's club

December 4th-Blackjack

December 7th-Christmas Carols

December 9th- Walmart

December 13th Food Meeting

December 15th-Music with Joyful Hearts

December 19th- General Store

December 22nd- Music with Forest Lake Christian Church

December 29th- Worship with Pastor Richard

December 31st- New Year's Eve Party



Holiday Fun Facts

1. The first candy cane is said to have been created in Germany in the 1600's. Nowadays, almost two billion candy canes are produced for the holidays
2. The worlds largest gingerbread man weighs 466 pounds!
3. Each year, 33 million real Christmas trees are sold. That's not even counting artificial trees!
4. The average American spends almost \$800 on Holiday shopping
5. Hanukkah is a "floating holiday" meaning that it's celebrated on different dates each year
6. Egnog was first made in 1607

Source: www.list25.com

Holiday Decorating

In preparation for the holiday season, many of us are getting ready to dust off those wonderful decoration, and spruce up our living space with holiday cheer. As you and your little elves decorate, please keep in mind the following guidelines:

Approved items:

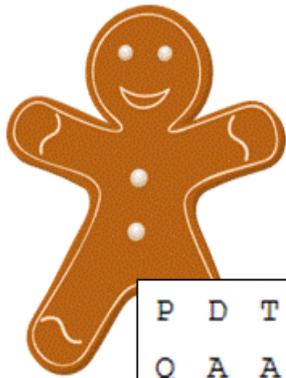
- Artificial decorations
- UL approved lighting

Unapproved items:

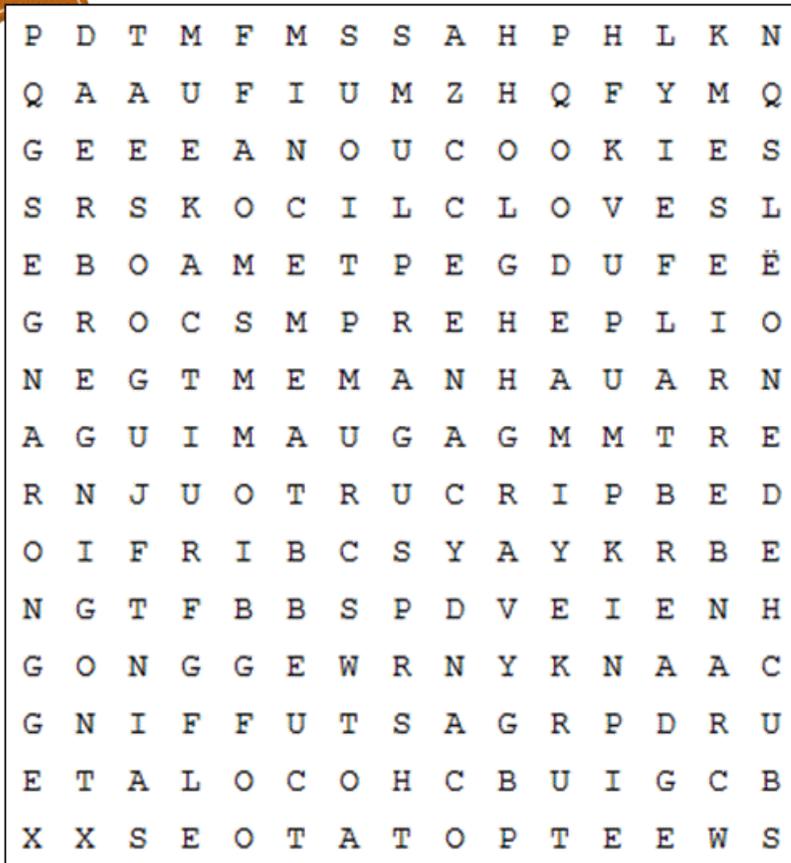
- Real pine
- Extension cords
- Cords that are a tripping hazard
- "Wrapping" the entire room door
- Any decorations that interfere with closing or opening the doors.
- Any decorations that generate excessive heat

Please see Noel with any questions!





CHRISTMAS TREATS



BUCHE DE NOËL
CANDY CANE
CHOCOLATE
CLOVES
COOKIES
CRANBERRIES
EGGNOG
FLAT BREAD

FRUITCAKE
FUDGE
GINGERBREAD
GOOSE
GRAVY
HAM
MINCEMEAT
NUTS

ORANGES
PUMPKIN PIE
SCRUMPTIOUS
STUFFING
SUGARPLUMS
SWEET POTATOES
TURKEY



Happy Birthday!

D'ete Allison

Elaine Batcheller

Roxann Besch

Margarete Delano

Mildred Haiko

Joanne Magnuson

Frank Maki

Helen Maus

Shirley Winnick

Employee Anniversaries

Heid Fick 12 years
Alex Penn 6 years
Dianne Weida 1 year

Crystal Veronikas 11 years
Beverly Pelor 1 year
Emma Shreck 1 year